

ORNCC Board Meeting Minutes
Nov 19, 2022

Mark Babson, Gary Baran, Mary Kate Land

Gary reported that our Paypal account has been receiving donations and has more than \$500 that needs to be transferred to the bank account. He estimates the account has taken in \$1150 this year. Some donors have signed up to do regular monthly donations in small amounts.

Gary suggested inviting Natalie Arendt to join the Board. He feels we need to expand and add new Board members.

Gary proposed January 21st at 10:00 am for our next meeting. He reminded us that we elect officers in January and his office (president) is available if anyone wants to step in.

Mark mentioned his work on the Board of Salem for All. He related a conversation he had with another Board member about helping those transitioning from prison. Ongoing NVC training and practice group was brought up by Mark's colleague as a benefit that might support them. It was gratifying to hear that others see the value in NVC training and practice.

Gary mentioned that his work with Sponsors (an organization in Eugene that helps those transitioning between prison and the outside) indicated that it is often difficult for those who are transitioning to engage meaningfully in NVC training when they have so many unmet needs requiring immediate attention. It was similar to Gary's experience training at First Place Shelter (an emergency shelter in Eugene).

Mark offered to reach out to a friend, Karuna Thompson, who does chaplain work in the prisons. The intent is to offer NVC training and practice over Zoom to those still inside, if that might be possible.

Mary Kate offered to contact Emerald Village (Tiny home community in Eugene) to offer free Zoom based NVC training and practice.

Gary shared a book that has come his way but that he hasn't yet read:
Pursuing Peace: Hillel and Mindfulness Based Conflict Engagement by Barry Noble