

February 23, 2025

Special session to elect officers

Mark had hoped to meet those who attended the past meeting.

The purpose of this meeting is to provide for the needs of the organization

9:15 Check ins (Stuart enters)

Mark's 15 year old son had a concert last night, saxophone, considering Interlochen.

MK depression, anxiety over inauguration

Carlos saw *"I'm Still Here"* filmed in Brazil.

Stuart prioritizing self care. Working through grief and fear around our troubled democracy.

Carlos's Treasurer's report will be presented in a short while, via email.

Board elections

Does Stuart want to be on the board? He will think about it.

Does Breanna want to be on the board? Yes!

Board process is on the front page of the website.

Carlos is President

Mark is Treasurer

Mary Kate is Secretary

Stuart voiced interest in an online practice group. Breanna had previously talked about this. Monthly, online, available to the community. Body doubling (What does this mean?) for NVC certification process. Based in Oregon, but not limited to Oregon participants.

Check outs