ORNCC MEETING MINUTES December 17, 2020 by ZOOM videoconference

Present: Carlos Sathler, Gary Baran, Sally Marie, Bryn Hazell, Selene Aitken

Check in at 9:45

Treasurer's report: Treasurer will contact bank to straighten out account issues.

Action item: Carlos will let Gary know when he's received the mail with account passwords.

<u>Action item:</u> Carlos will pay Elly for services on newsletter and website and send her a 1099 by the end of January if required. <u>Action item:</u> Carlos will explore the Quickbooks version we already have and the possibility that Mark can export data in a form that Carlos can receive

New business:

1. <u>Action item</u>: Selene will call Mark to make contact and let him know we appreciate his presence on the Board and hope he will be able to attend meetings on Saturday mornings.

2. <u>Action item:</u> The Board decided to continue meeting on the third Saturday of the month at 9:45am with a willingness to change to another day to accommodate people as needed.

3. Sally posed the question of what we're wanting to do in 2021 to accomplish our mission of supporting and spreading NVC in Oregon.

Many suggestions were offered.

* We can invite people on our mailing list to join us on a zoom meeting to speak about ideas for how we can spread NVC in our region.

* We can create short videos that will act as a demo of NVC in action, ie in conversations between proponents and opponents of Covid masks or vaccines for example, or to bridge the rural/urban divide.

* We can hold an open zoom meeting at a certain time of the week inviting NVC practitioners to meet together.

<u>Action item:</u> Gary will draft a letter of invitation for people to join us with their ideas for how ORNCC can support the practice of NVC in Oregon communities.

<u>Action item:</u> Selene will draft a letter to the editor, and a letter to the Neighborhood Watch group inviting participation in a respectful listening and speaking experience to foster mutual understanding.

<u>Action item:</u> After first meeting with Bryn, Sally may invite an NVC practitioner to a conversation with Bryn for listening and speaking experience of mutual understanding and recognizing each other's humanity even when there is disagreement about issues.

4. The Board participated in an empathy exercise together.

NEXT MEETING: January 16, 2021