## **ORNCC Board Meeting, January 26, 2008**

# **Check-ins**

**Jim** – busy, new job. Taught 4-hour workshop w/ Steve to 30 Vietnamese students creating cultural community.

**Michael Dreiling** – many different energies, some pleasant, esp this space. Processing residual conflict with self-empathy tools of NVC, but is looking forward to being present here today. Fall Conference, job, kids, teaching NVC for Masters level educators course in BC (one weekend per month). Getting married!!

**Steve Smith** – curious and puzzelement re: workings of board, and interested in the conference developments. Teaching year long course re: divorce and NVC provides alternatives.

**Carol Placer**, Ashland– Navaho res for 4 years, met Gary 1993-4ish, Marshall visited a lot. Since moving here, not as involved, and is grateful for ORNCC meetings- provides missing link. Teaching grad class at Louis and Clark- counselors, school admins and teachers-, (may be offered 4 times a year if it goes well)

**Gary Baran** – ready to go =) Family and he moved to Eugene approx 1 year ago, becoming involved in local activities, is doing a lot of NVC training. People come, enjoy, and he schedules more. Also Conference organizer. Eugene Peace Coalition- discovered that these ppl don't get along well, is offering NVC training to these peace working leaders. Effective social action, better if we can communicate better. Heart attack in May, but has recovered very well. Went to honoring ceremony for the people who saved him, community of fire fighters, community members, paramedics, was nice to see all these people honored in an uplifting ceremony, connecting heart to heart. Sherry Clein, formally CNVC office, are visiting from Santa Barbara area.

Selene Atkin, Ashland. Also has wanted to connect with ORNCC- more and more giraffes in Ashland. Interested in Conference, unite for peace conferences in Ashland in the 80's, Dr. Spock was a keynote =) Gray Panthers participated also. Working on a piece about her 5 day training in Afghanistan (with a trainer from Switzerland). Albeq. Intensive training- met El Savadorian woman with whom she'll do 4 or 5 3 hour intros, lawyers, 100+ people working with kids, in Spanish! Chrysani Fauson, Eugene, technically Vida. Lots of emotions, hectic life and will get more and more hectic, is expecting a baby!! Was in and out of ORNCC last year, and will be in and out this year as well, but would like to get in as much time as possible. Helping with Conference, and is enjoying it! Sparrow Bailey, Eugene. Needs empathy- much overwhelm lately. When not overwhelmed, is excited. Requests cautiousness around ORNCC and Conference (it's big!). Even bigger due to hanging work on financial software. Big list of 400 things to do, is wondering when they'll get done and who will do them. Recalls emergency empathy at ORNCC board retreat, was grateful that the NVC value was honored, would like NVC work today around her unmet needs.

**Teresa Farrell**- studying sociocracy and on the board for a while. Has enjoyed taking over the meetings. Very busy with 7 year olds Waldorf school. Has a bad cold today =( **Bob**- is looking forward to the conference, likes having the meetings in his home, was not as involved last year as he would have liked

# 2008 Meeting Dates:

Saturday, March 15 Sunday, May 18 Saturday July 19 Weekend retreat October 18-19 Sunday, November 16. Every other month, third weekend, alternating Sat and Sun, beginning January of each year. Exceptions modified. (This should be Sunday today, technically).

# Next Meeting:

#### Where/When

March 15, at Gary Baran's house in Eugene. 10am-4pm

# Food

Lunch style potluck. Please note that some of us have certain dietary restrictions or choices, so if you want your food to be eaten by the largest amount of people, please: No dairy (milk, cheese, etc) No eggs No garlic No onions No wheat Organic is good Fair Trade chocolate is preferred.

If your food contribution contains dairy, eggs, garlic, onions, or wheat, please tell us so we know.

## Agenda Items

- Approve Nov and Jan minutes (you're looking at the Jan minutes. Nov minutes may not have been sent out yet?)
- Discuss meeting dates (particularly May due to a number of conflicts) and determine locations.
- Continue discussion of ORNCC/CNVC suggestion (see minutes below- "Relationship Between ORNCC-CNVC)
- Email lists- how do trainers utilize ORNCC email list? Does ORNCC send list to CNVC? (some discussion in minutes below in "Meet ORNCC")

# **Treasurer's Report**

\$37,000 at start of 2007. Now we have ~ \$27,000, most of which was spent on Conference. ORNCC specific expenses, a few thousand (legal fees, credit card processing fees, monthly internet for Stuart – nearly \$1,000 combined). Will have a VERY detailed report by the next meeting – will email out report too. Money market and checking- took all money market money and put into checking. Money for Conference came from checking. No more money market account. In April, our CD will come - \$20,000.

# **Treasurer's Request**

Sparrow's laptop has been dying for months, and delayed getting a new one. Her new computer requires an updated version of Quick Books. \$450 for new version (\$400 for nonprofit). Bob maybe can get a discount on software - \$350. Michael suggests- with taxes coming up, Sparrow will be very busy- maybe we could hire someone to do this work on XP (who already has quick books). Proposal-\$280-\$350 to purchase new software. Bob will follow up to see if he can get discount. Consent = yes, go for it!

Update- New Quick Books purchased for Sparrow, Treasurers Report emailed out February 7.

# **Overview of ORNCC**

## How it all went down:

Michael says: ORNCC emerged following 1<sup>st</sup> Marshall training in Ashland that Michael attended in 2000, wanted to bring him to Eugene. Sought volunteers, brought Marshall. Good turnout, great success! Invitation during that event to form a regional Oregon state organization for follow up NVC trainings. Stuart, Bryn, and others. Sophia and Karen too. Let's form a non-profit! Began meeting regularly and going through govt approval. Brought Marshall back again to Eugene and Portland.

#### **Recent History:**

All volunteer, but Stuart was paid for certain things. 7<sup>th</sup> year since main inception. We now have our 501c3 status. 1000s of people have been exposed to the work of NVC. John Cunningham (also a founder), Holley, now Gary, Portland- Susan, now Selene. Broadening the circle of NVC organizers, teachers, trainers and learners.

The board is primary active body, GC is membership council. Nonvoting members- not active at this time, but this option is open to us. About 5 on GC- familiar with ORNCC and NVC, commitment to ORNCC mission- help discover and elect new members. Board deals with operation and practical aspects of carrying out the vision.

## Vision:

- Supporting trainings in the state of Oregon for NVC consciousness, particularly Marshall.
- Connecting community/regional hubs- Bend, Eugene, Portland core teams- funneling members onto the Board for formal networking, other communication is informal. ORNCC part of west coast network- BC, Puget Sound, Bay, So Cal.
- Beyond Marshall? Projects- how to bring trainings into institutions, higher ed, other schools, etc. Connecting all spheres of human life, NVC and nonviolence- NVC in education, in politics, in parenting/family (like Steve is doing). 2008 Conference emerged, formed Coalition for Nonviolent Living- project of ORNCC. Nurture connections in a wide circle that acknowledge, inspire and celebrate nonviolence in all areas of life, and find ways for discovering NVC in these areas of life, in addition to nonviolence. Additional "Beyond Marshall" ideas were discussed at the 2007 Board Retreat and other prior meetings.

# Future vision of ORNCC:

Conference for now, spreading NVC, and more projects that may or may not involve Marshall. All volunteers, no paid staff, connecting with spirit of public hub for outreach and information that offers some organization beyond independent trainers doing their own thing. How do we create NVC community- statewide- probably our next project after the Conference. Historically, it's grown via concentrating on one project, then re-huddling with newer and more people, then focus on another project.

# Meet ORNCC

13 on Board now- 1 year terms. Some have been 7 year members, many joined last year. This year-Carol, Gary, Selene new members. GC – Teresa, Holley, Tom Happy, Michele DeLude just resigned, and Sophia. People can join GC anytime, but they've usually been following the ORNCC election schedule. Don't meet regularly, come to board meetings if they want. Stuart is state coordinator, not on Board or GC. We pay his utilities, he maintains the website and emails- including contact list of people interested in ORNCC list from trainings (send these lists to Stuart). Susan has had difficulty getting names from ORNCC to send on her own. ORNCC has agreement with trainers (documented) that trainers go through ORNCC- ask Stuart- we have guidelines for mailing lists so that people get one email from ORNCC rather than a bunch from trainers- that is why we do not give out the list to trainers. Steve says that information is collected, but not usable. ORNCC does monthly newsletter including information to people interested in trainers – trainers send info to Stuart so it can be in the newsletter. Susan 'should' talk to Stuart for clarity. \*Add to March agenda.

Is ORNCC list sent to CNVC? Gary suggests it should be. People attend Marshall training, but info is never sent to CNVC. (Goes to March agenda as well).

Jim is regional coordinator of Portland core team, monthly meetings until a year ago, arranging Marshall visits. Lack of Marshall visits have led to fewer meetings and less business. Sparse connection over email. Connection with ORNCC- we invite them to our meetings and our website has connections to regional teams. Lots of independent trainers who are not connected with ORNCC, especially in Portland. Also in Eugene- teachers are teaching without ORNCC knowledge. Michele sharday is a certified trainer in Portland.

# **Relationship between ORNCC and CNVC**

Probably refer into subcommittee. Gary says: over the past year or longer, CNVC has been trying to create circles, communities of NVC practitioners that would be linked to CNVC- Global Coordinating Council (Jim and Jori Manske)- they hope to gain more clarity on what needs local groups have, what decisions they'd like to participate in, and how they can link with other groups. What do we (ORNCC) want as a statewide org from CNVC, and what can we offer them?

Recertification- certified trainers are asked to create a plan for social change working with an NVC circle. Gary is unaware of NVC circle in Eugene. Is ORNCC this circle? If no, why not? Gary suggests that all certified trainers in Oregon could be connected with ORNCC for recertification- or should this be regional?. NVC community gathering in Eugene (what people would like to give and receive, potluck, games, activities, etc). ORNCC 'should' be on the cutting edge of facilitating these kinds of connections. Bring to this boards attention today, then future agenda.

Jim says a few years ago, some NVC trainers went to sociocracy training, created northwest circle, met via phone for 1 year, and elected someone to be on the GCC (Jeff Brown). Not being utilized. GCC folks gave input, Marshall took group aside, voted, then told everyone how it would be. Wave of frustration and it broke down. Not much efficacy in that connection, the way it was. 6 months ago Kirsten from Denmark was asked to represent North American English speaking delegation, but that hasn't yielded results that satisfy Jim. Steve thinks (based on conversation with Marshall) that sociocracy project was abandoned by Marshall, since all they could teach us was how to have efficient meetings. Jori and Jim have commitment to sociocracy, but Marshall is unwilling to turn over leadership, where sociocracy and NVC principles butt heads. Resources necessary to connect heaven and earth (vision and practicality), CNVC does not have the capacity to connect these two, and fill in the gaps between visions and what actually happens (money, staff, participation, communication). CNVC wants trainers to be connected to groups, wants global network. What we can do- build from the ground up, then communicate with CNVC. Organize our own show regardless of CNVC, but eventually they would be connected. CNVC wants to create effective structures for spreading NVC, and ORNCC is already an exemplary model of that vision. Bob says: other than presenting ourselves, and letting people pick what they like is how we've done things, seems to work so far. Can't pull strings tight for community, but have created fertile ground for NVC spreading on it's own. Michael says: autonomous communities are important, all we can do is regional gathering of autonomous groups – create fertile ground, information hub, strategic events, and eventually an avenue for projects

through our 501c3 status ("we're trainers and we want to do a project in prisons, can orncc help?") Selene says: request from GCC to do survey of regional groups- would one of us be interested in contributing to that? Gary says Jim might be a good candidate for that. Gary proposes we declare ourselves as the circle for Oregon, many say "We are!" Survey: someone with fire for this should send ideas to ORNCC, and asks if someone would like to help, subcommittee prepares agenda items for next meeting. Selene will open survey and will see if she can do it alone, and will email her reactions to Gary and Michael.

Carol has strong need for community events, (as Gary suggested above), this organization didn't happen in Flagstaff- wants to be a part of community building events. Future topic: Carol wants to host Portland NVC community event, feels sad about the amount of individual work w/o connection. Steve asks: Could ORNCC provide mutual support to Oregon regional circles, including Portland? This has happened, but not recently.

# **Elections of Officers**

Treasurer- Sparrow Bailey Secretary- Megan Hinkel Vice President- Michael Dreiling We present consent to these nominations.

President- Michael acting President until then. We good naturedly nominate members who are not present to be president.

Update: Lisa Marie happily accepts to un-reign/CO-reign as president

# Lunch

Ah...sharing DELICIOUS food and NVC chit chat, topics ranged from child abuse to the infinitesimal size of our planet when you think about how big the universe really is, from upcoming weddings, babies and other major life changes, to food combining (you're not supposed to mix proteins with carbs, which basically rules out any sort of traditional sandwhich). Collectively, we talked about many things, and connected as friends.

# 2008 Conference

# Marshall

We spent a good deal of time talking about the best ways to utilize Marshalls time. We sent a schedule (below) to Deanna, and she said it's fine. \*Next step- determine content of workshops, and adapt either Friday or Saturday to fit better with general conference schedule.

# Thursday, September 11, 7am-3pm

7:00am-8:30am LIFE Breakfast 9:00am-3:00pmPre-conference Training, Marshall Rosenberg, 9:00am-3:00pm

- 3:00pm-6:00pm- Early Dinner, Meet and Greet, Mingling (Marshall and Valentina may wish to participate in this or not)
- 6:00pm- Welcome keynote by another speaker (NOT Marshall)
- 7:00pm Interfaith Service (Marshall and Valentina may wish to attend this or not)

# Friday, September 12

## 9:00am-4:00pm

Workshops by Marshall Rosenberg – with three 30 minute breaks and one 90 minute lunch break

#### Saturday, September 13

9:00am-4:00pm Workshops by Marshall Rosenberg –with three 30 minute breaks and one 90 minute lunch break

## Sunday, September 14

1:30pm-6:30pm Post-conference Intermediate/Advanced Workshop (2 sessions, break from 3:30-4)

# **Closing round**-

#### Announcements

- March 8<sup>th</sup> Conference in Portland, Beyond War, 4 NVC breakouts- wants different intros. (Bill Schuer is organizing) Does ORNCC have any feedback or thing to contribute to this conference? Jim says (contact him for more info)
- Jim- chemical dependency for workers, NV and recory (1<sup>st</sup> weekend in March- Friday March 7)
- Coffee creek womens prison 12 week practice group just finished. Anyone else want to do a practice group there because they would really enjoy that.

#### NVC Check-out

Celebration and mourning, needs met and unmet, (and feelings).

#### Thank You's!

Thank you to Bob for hosting us. Thank you to Amber and Chrysani for putting binders together for new members. Thank you to Sparrow for being Treasurer.